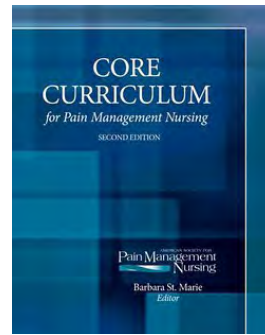


BOOK REVIEW

ASPMN CORE CURRICULUM FOR PAIN MANAGEMENT NURSING

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Core Curriculum for Pain Management Nursing 2nd edition.
 American Society of Pain Management Nurses
 Kendall Hunt Publishing,
 Dubuque IA
 ISBN-10: 0757566138
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 Members, \$58; non-members, \$72
http://www.aspmn.org/documents/ASPMN_flyer_Pricing.pdf

In the few years that I have been away from the hospital bedside, I've discovered that some things really have changed. And if you're like me and haven't actually worked in a rehabilitation hospital, a physician's office, or in pain management, you might not be familiar with all the exciting things that are happening in pain management. Not physician pain management, *nursing* pain management.

With this in mind, I decided to join the American Society of Pain Management Nursing (ASPMN.) This professional nursing organization supports and educates all nurses who manage pain. They say, "All nurses are pain management nurses." After all, one of our primary goals as registered nurses is to relieve pain and suffering.

Certification is available in Pain Management Nursing, recognized by ANA as a nursing specialty. At the 2015 annual meeting that I attended in Atlanta, GA, it was announced that over 600 nurses were certified as pain management specialists. The Society is also involved with laws for opioid prescriptions and those persons who have prescribing privileges. At the annual meeting, nurse practitioners appealed for changes in the law to give them independent prescribing

privileges to better service their chronic pain patients.

Membership is available at aspmn.org and the cost is \$125 per year. You will receive a quarterly journal, list serve and other benefits. The annual convention is scheduled for September 7-9, 2016 in St. Louis, Kentucky. Hope to see you there!

I purchased their "Core Curriculum for Pain Management Nursing" edited by Dr. Barbara St. Marie, a pain management nurse. This large soft-covered book holds many chapters of interest to nurse life care planners in four sections: "Foundation of Pain Management Nursing," "Advocating for Patients in Pain," "Clinical Practice in Pain Management Nursing," and "Support for the Practice of Pain Management."

"Clinical Practice in Pain Management Nursing" includes lengthy chapters on pain assessment, integrative therapies used in pain management nursing, moderate sedation/analgesia, acute pain management, persistent pain management, cancer pain management, pediatric pain management, palliative care and gerontology pain management.

The chapter called "Moderate sedation/analgesia" can bring you up to date on procedures used in burn

care, treatments, and interventional therapy sedation.

As you know, most of our plans include provisions for pain. Over half of my own plans have been for neck and back pain; many have pain with spinal cord injuries, burns, amputations, brain injury pain, and, of course, chronic pain as well as post-operative pain.

The chapter on "Persistent pain management" on interventional pain procedures is very valuable for life care plans. The chapters on outpatient pain management and interventional procedures provide education on current standards in pain management.

This textbook is a good guide on the standards of pain and its treatment and this book should serve you well as an authoritative reference for your life care plans. A new edition is scheduled to be released in 2017, but you will benefit from the 2014 edition. You may order this book by calling 800-228-0810 or email orders@kendallhunt.com.

The Core Curriculum for Pain Management Nurse is available for purchase from ASPMN at orders@kendallhunt.com



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